

# Negotiation 1

By the end of the course, you will be able to **give effective feedback**, talk about **objectives** and **goals**, **motivate** your team, **build rapport** and **sympathy** and manage from a **distance**, along with lots more!

Lesson 1: **Talking about negotiation**

Lesson 2: **Preparing a negotiation**

Lesson 3: **Adapting to different contexts**

Lesson 4: **Negotiation styles**

Lesson 5: **Applying strategies**

Lesson 6: **Dealing with conflict**

✓ **Personal trainer**    ✓ **100% online**    ✓ **10 hours**

✓ **Certified**    ✓ **Eligible for CPF**    ✓ **6 Live Classes**

## LEARN

Online activities  
(30-60 min)  
**10 mins a day**



## SPEAK

Live Class  
(55 min)  
**Weekly classes  
with your trainer**



## PROGRESS

Lesson tests  
(30-90 min)  
**Extra resources, reports  
and review quizzes**







# Negotiation 2

Are you a manager and need English? This course will help you to **prioritise** and **delegate** work, **resolve conflicts**, **coach**, manage **multicultural** teams and deal with **change management**, along with lots more!

Lesson 1: **Negotiating**

Lesson 2: **Communication means**

Lesson 3: **Cultural differences**

Lesson 4: **The negotiation process**

Lesson 5: **Evaluating your negotiation**

Lesson 6: **International negotiations**

✓ **Personal trainer**

✓ **100% online**

✓ **10 hours**

✓ **Certified**

✓ **Eligible for CPF**

✓ **6 Live Classes**

## LEARN

Online activities  
(30–60 min)  
**10 mins a day**



## SPEAK

Live Class  
(55 min)  
**Weekly classes  
with your trainer**



## PROGRESS

Lesson tests  
(30–90 min)  
**Extra resources, reports  
and review quizzes**