

# Management 1

By the end of the course, you will be able to **give effective feedback**, talk about **objectives** and **goals**, **motivate** your team, **build rapport** and **sympathy** and manage from a **distance**, along with lots more!

Lesson 1: **Effective feedback**

Lesson 2: **Objectives and goals**

Lesson 3: **Motivating others**

Lesson 4: **Distance management**

Lesson 5: **Rapport and sympathy**

Lesson 6: **Influence and persuasion**

✓ **Personal trainer**   ✓ **100% online**   ✓ **10 hours**

✓ **Certified**   ✓ **Eligible for CPF**   ✓ **6 Live Classes**

## LEARN

Online activities  
(30-60 min)  
**10 mins a day**



## SPEAK

Live Class  
(55 min)  
**Weekly classes  
with your trainer**



## PROGRESS

Lesson tests  
(30-90 min)  
**Extra resources, reports  
and review quizzes**







# Management 2

Are you a manager and need English? This course will help you to **prioritise** and **delegate** work, **resolve conflicts**, **coach**, manage **multicultural** teams and deal with **change management**, along with lots more!

Lesson 1: **Prioritising work**

Lesson 2: **Delegating work**

Lesson 3: **Coaching**

Lesson 4: **Conflict resolution**

Lesson 5: **Change management**

Lesson 6: **Multicultural teams**

- ✓ Personal trainer
- ✓ 100% online
- ✓ 10 hours
- ✓ Certified
- ✓ Eligible for CPF
- ✓ 6 Live Classes

## LEARN

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(30–60 min)  
**10 mins a day**



## SPEAK

Live Class  
(55 min)  
**Weekly classes  
with your trainer**



## PROGRESS

Lesson tests  
(30–90 min)  
**Extra resources, reports  
and review quizzes**